Hello

Just to introduce myself. I am a gerontologist and I've been working in the community, health and aged care sectors for some decades. I am currently writing a book on relationships between older people’s participation in creative activities and their health and wellbeing. It builds on the belief that creative expression and activities are transformative and integral to the health and wellbeing of people as they age.

The book includes case studies of artistic practice such as sculpture. I would be keen to conduct interviews which will focus on your experience as sculptors.

It would be good to have the opportunity to talk with you. Examples of questions are: How did you come to join the sculpture group? What are the benefits of the sculpture group from your perspective? How would you explain your evolving artistic practise? How does reflectiveness from your life experience inform your work? Can creativity be fostered newly at late ages or does this have to be lifelong? Can you identify any themes in your artistic and creative practice which could inspire and apply to others in the community as they age?

Prior to an interview I will request that you fill out an informed consent form which assures you of confidentiality if you wish and the right to withdraw from participation.

If you are interested in talking in participating, please send me your phone number (best way) and I will contact you to arrange a time to talk. One possibility is on October 4th when I will come up to the opening of the “Who’s Your Muse” Exhibition.

Best wishes

Elizabeth

**Brief bio**

Dr Elizabeth Brooke is based in the Melbourne University School of Population and Global Health. Previously she was Associate Professor, Director, Business Work and Ageing Centre, Swinburne University (2003-13) researching older workforce policies and practices. She developed a five-year VicHealth demonstration project testing innovative aged care workforce models (2006-11).